

# Hardayal Public School : Summer Camp:2022



Started on 21st June 2022, the Summer Camp was organised in Hardayal Public School, Bahadurgarh. Children from every corner of Bahadurgarh came together to have fun while learning life long lessons and new skills in a safe and nurturing environment. The camp duration was of 6 days, started from 21st June 2022 and continued till 27<sup>th</sup> June. Around 120 students participated in various activities.

## **OBJECTIVES:**

- # To engage the kids in activities that they find both enjoyable and meaningful.
- # To instill the lifelong values of teamwork and individual responsibilities in daily tasks in a healthy environment.
- # To build individual character, confidence and skills through a wide range of Sports, Cultural activities and workshops.
- # To provide an even platform for the kids to explore their creativity in various forms.
- # To educate and create awareness among them about various issues like Environment, Nutrition, sportsmanship, culture and ethics.

## **CAMP DURATION:**

The camp was organized from 21st June to 27th June 2022. Intra duration was from 9:00 am to 1:00pm.

## **PLETHORA OF THE SELECTED ACTIVITIES:**

### **YOGA AND MEDITATION:**

"A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind." Every day commenced with a pledge to make the world disease-free through Yoga. Asanas started with warming up and stretching were followed by a series of Padmasanas, Sukhasana, Tadasana and ended with Shavasana. Every day was a very refreshing, reviving and relaxing for the students as well as teachers.

### **FLAMELESS COOKING :**

Cooking with kids is not just about ingredients, recipes and cooking. It's about harnessing imagination, empowerment and creativity. Students of Hardayal Public School, donned their ' Chef Caps' to exhibit their culinary skills in 'Cooking Without Fire' during the camp.

Children participated with full zeal and enthusiasm as they doled out nutritious yet delicacies selected post exhaustive research on the cultural backgrounds of the relevant recipes. Artefacts and food items displayed were a visual treat and were presented in an artistic and aesthetic style.

### **Details of Food Items cooked Without Fire:**

1. Blue berry Mojito. 2. Creamy Cruchy Bites. 3.Plum Juice. 4. Pink Ladoo. 5.Kiwi Smoothy. 6. Creamy Cheesy Sandwich. 7.Oreo Chocolate Shake. 8.Paan Ladoo. 9. Mango Delight. 10. Corn. 11.Nuts Shake. 12. Cucumber Boat etc.

The event not only provided a platform for the students to foster their creativity and decision making skills but also helped them explore their hidden talents and discover new areas of interest.

### **STEM- Focused Activities to Support Student Learning .**

In 21st century, the field of technology and engineering is developing and changing rapidly. As a result of the reflection of these changes to education, technology and engineering fields have become an integral part of education. STEM education aims to teach Science, Mathematics, Engineering and Technology which includes lifelong education to all the learners.

Under STEM, students participated in the following activities:

1. Litmus test. 2. PH test. 3.Popstical Activity. 4.Liquid smoothe. 5.Soda Boat. 6. S.D. Models .7.Poly gem.8. Maths Puzzle. 9.Micro Scope Slides.10. Plant Cell. 11. Leave Stomata.12. Inveet Parts. 13. Candle Sea Saw. 14. Candle Rise 15.Aeroplane Launcher.16.Water Fountain 17.Elephant Toothpaste. 18. Under water Burst. 19. Soaking Model of Lungs.20. Liquid Smoke.

By participating in STEM activity students learnt the most essential skills of critical thinking and problem solving skills. The focus on hands-on learning with real-world applications helps develop a variety of skill sets, including creativity and 21st century skills.

### **MOVIE TIME:**

" If you take a child to the theater, not only will they practice empathy, they might also laugh uproariously or come home singing about Science or want to know more about history or tell you what happened at school today or spend all dinner discussing music or learn how to handle conflict or start becoming future patrons of the arts.'

Students enjoyed Movies like Prithivi Raj Chauhan, KGF-2 and Jungle Book along with some Hollywood movies.

### **DANCE AND MUSIC:**

Music and Dance are great stress removers. "Music is the shorthand of emotion" and dancers are the messengers of gods." Typical Dandiya ,Jumba and Bollywood Fusion and common musical forms were introduced to the students.

### **CRAFT MANIA:**

During Summer camp, an art and craft workshop was conducted in our school which gave hands-on experience to the students to go beyond their horizon to explore and to create something new.

The main objective of this workshop was to cherish and value the local art form and cultural tradition. Students took part with great passion and vigour to learn skills, gain insights and experiences to help them grow and excel in their lives.

Students were taught a wide range of skills- Wall- Hanging( Madhubani), bottle art, gift rapping, glass puppet, snake paper, Chinese fan, glass octopus, trophy and lot many others. They were taught about sustainable environment and how waste can be used to create something useful.

### **CULTURAL EXTRAVAGANZA:**

"Without culture, and the relative freedom it implies, society; even when perfect, is but a jungle, This is

why any authentic creation is a gift to the Future."The gradiancy of the colour palette of cultures in India is one of the most mesmerizing things one can see and feel.

Under this event students participated to present Puppet Show ( Story Telling), Mask Making, Role Playing( Sita Haran, Ram Charit Manas based on epic Ramayana), Model Making( Qutub Minar, Speech deliverance and Poetry recitation.

The event was enriching for the children as the learnt skills like Unity in diversity, event management, teamwork, being confident, working to perfection and many other aspects.

### **THEATRE AND DRAMA:**

Great theatre is about challenging how we think and encouraging us to fantasize about a world we aspire to.

Students enthusiastically participated in Theatre and Drama activities during summer camp that reveal how they organise ideas, solve problems, work in group, deal with conflict and keep alive their moral values and ethics.

Summer Camp successfully made a deep impact in the hearts of children making them realize the value of social skills and participation in things without any prize. This defines the motto (Learn, lead and Achieve)of our prestigious school, making these young prodigies the effective change scholars.

Director of the school Ms Anuradha Yadav and Principal Ms Anshu Yadav thanked and congratulated all the staff members, students and parents for the wholehearted efforts that made the Summer Camp a success.